



ABN 90 244 590 993

# RIPPERS ORDER FORM

Please send me the following number of pairs of Rippers

Small       Medium       Large

**Normal Retail Price is \$75.00**  
**Normal Wholesale Price is \$60.00**  
(Includes GST. Does **NOT** include postage)

Purchase Order No. \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: (Business) \_\_\_\_\_ Phone: (Home) \_\_\_\_\_ Mobile: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Enclosed:-       Purchase Order       Cheque       Money Order

Or Debit my        VISA        MASTERCARD        BANKCARD  
(Please Tick a Box)

Card No.

Expiry Date of Card

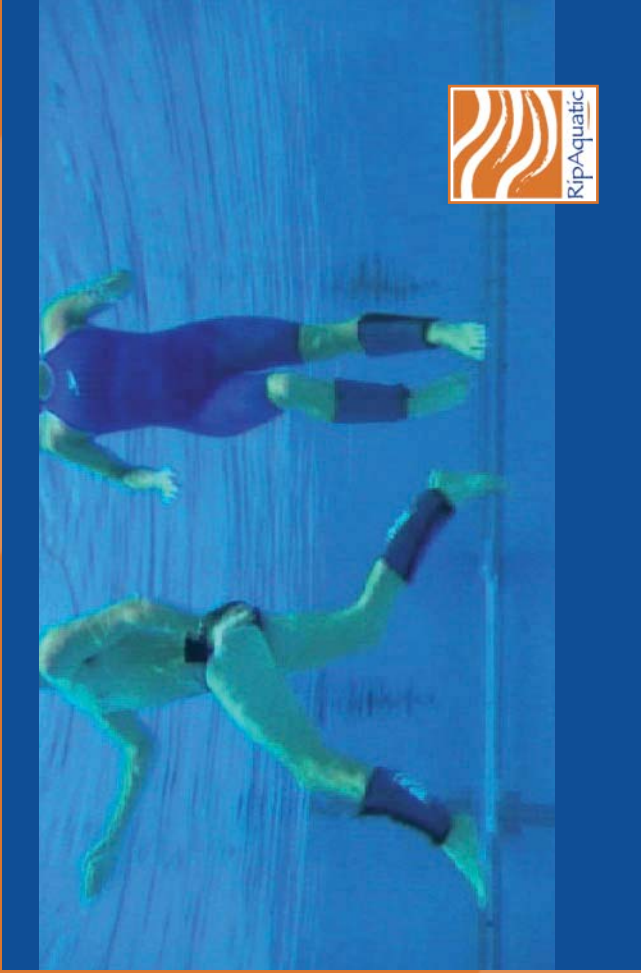
Card Holders Signature

(NOTE: Telephone Credit Card Orders Also Accepted)

[www.ryallsbelts.com.au](http://www.ryallsbelts.com.au)

Tel/Fax: +61 2 9531 5460

Email: [ryallsbelts@optushome.com.au](mailto:ryallsbelts@optushome.com.au)



# “Rippers”

Guaranteed to give you the best cardiovascular and core conditioning workout ever!



**“Your abs, your butt, your thighs every muscle in your body gets a workout with the rippers. With all the benefits of deep water exercise.”**

Rip Aquatic is the exciting and innovative culmination of a two year intensive project. The ambitious aim of the project was to bring together experts in the fields of exercise physiology, sports medicine, aquatic engineering, aquatic exercise, world leading coaches and world class able bodied and disabled athletes to develop deep water training technology that delivers a superior core workout.

The result is the “Rippers”. The most innovative musculoskeletal and cardiovascular workout you’ll ever experience. The “Rippers” deliver a workout that guarantee you optimum training and rehabilitation benefits no matter what your age, level of fitness, sport of choice or whether you’re healthy, injured or have a disability.

The Rippers are made from industrial grade wetsuit material and Velcro. Foam inserts are made from materials only ever found in the best quality lifejackets. The “Rippers” are made durable to last in the aquatic environment.

From a biomechanical perspective the Rippers provide a challenge to the core muscles of the hips, pelvis, and trunk in an unparalleled manner. This type of workout is impossible to achieve in land based exercise techniques. The added benefits of water resistance, zero ground reaction forces and buoyancy ensures that an extremely effective and functional workout can be offered to any client. Specific programs have been developed using the Rippers for speed, strength, power, cardiovascular conditioning, spinal rehabilitation patients, the elderly, children, athletes, chronic pain sufferers, obese, neurological patients and the list is growing as more health and fitness professionals experience the benefits. Ask about our research & programs.

**“Rippers” allow you to continue your training to improve your strength, power, endurance and functional capacity even when you’re injured or recovering from injury!**

**Margaret Ryall-Egan**  
Aquatic Exercise & Rehabilitation Specialist

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(Australia)

**Jeffrey Flood**

Sports Physiotherapist & Exercise Physiologist

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